



**OPEN TRACK & FIELD MEETING  
MONDAY 5 MAY (BANK HOLIDAY) 2014**

**TIMETABLE**

**NO ENTRY WILL BE ACCEPTED LATER THAN 30 MINUTES PRIOR  
TO THE SCHEDULED START TIME**

<b>TIME</b>	<b>EVENT</b>	<b>AGE CATEGORY</b> <small>(Please ensure junior athletes are eligible to compete in some events, as per UKA age rules)</small>
12.00	Hammer	All age groups male and female
	High Jump	All male
	Pole Vault	All age groups male and female
12.30	5000M	All age groups male and female
13.15	100M	All age groups male and female INC U11
	Long Jump	All male
	Javelin	All female
14.15	Stan Allen Mile	Stan Allen Mile followed by 1 mile races in all age groups
14.45	Shot Putt	All age groups male and female
	High Jump	All female
15.15	200M	All age groups INC U11
15.45	Javelin	All male
	Long Jump	All female
16.00	800M	All age groups
16.20	300M	U17 women U15 boys
16.30	400M	All age groups male and female (except U15 girls and U13 boys & girls)
<b>***** ELECTRICAL TIMING *****</b>		
<b>ENTRIES ACCEPTED ON THE DAY</b>		<b>£3.00</b> per event Under 20 and Lower Age Groups <b>£4.00</b> per event Senior and Veteran

Future 2014 Timetable for Open Meetings, July 26th and August 23rd

For any further information contact  
**Steve Bosley** on **0208 687 0386 / 07721 555 688**  
or by email: [stevebosley1@aol.com](mailto:stevebosley1@aol.com)  
[www.hernehillharriers.org](http://www.hernehillharriers.org)