

## OPEN TRACK & FIELD MEETING

### SATURDAY 9 APRIL 2016

ONLINE ENTRIES: [CLICK HERE](#)

ONLINE PER EVENT: £3.00 U20 and below £4.00 Senior and Masters

ON THE DAY PER EVENT: £4.00 U20 and below £5.00 Senior and Masters

NB: TRACK EVENTS: **ENTRY NO LATER THAN 60 MINUTES PRIOR TO SCHEDULED START**

### TIMETABLE

TIME	EVENT (CLUB CHAMPS IN BOLD)	AGE CATEGORY (Please ensure junior athletes are eligible to compete in some events, as per UKA age rules)
<b>TRACK</b>		
***** <b>ELECTRONIC TIMING</b> *****		
13.00	SPRINT HURDLES	MALE AND FEMALE: ALL AGE GROUPS
13.45	100M	MALE AND FEMALE: ALL AGE GROUPS
14.45	<b>3000M</b>	<b>FEMALE: MASTERS, SENIOR, U20, U17, U15</b> <b>MALE: U20, U17, U15</b> MALE: MASTERS, SENIOR (NOT CLUB CHAMPIONSHIP)
15.05	600M	MALE AND FEMALE: ALL AGE GROUPS
15.45	200M	MALE AND FEMALE: ALL AGE GROUPS
16.30	300M	MALE AND FEMALE: ALL AGE GROUPS (EXCEPT U11/U13)
17.00	1500M	MALE AND FEMALE: ALL AGE GROUPS
<b>FIELD</b>		
12.30	HAMMER	MALE AND FEMALE: ALL AGE GROUPS
13.00	POLE VAULT	MALE AND FEMALE: ALL AGE GROUPS (EXCEPT U11/U13)
	LONG JUMP	MALE: ALL AGE GROUPS
14.00	DISCUS	FEMALE: ALL AGE GROUPS
	HIGH JUMP	FEMALE: ALL AGE GROUPS
	SHOT PUT	MALE: ALL AGE GROUPS
15.00	HIGH JUMP	MALE: ALL AGE GROUPS
	SHOT PUT	FEMALE: ALL AGE GROUPS
	LONG JUMP	FEMALE: ALL AGE GROUPS
16.00	DISCUS	MALE: ALL AGE GROUPS
	TRIPLE JUMP	MALE AND FEMALE: ALL AGE GROUPS (EXCEPT U11/U13)

**Further HHH 2016 Open Meetings: 2 May (May Day Holiday Monday), 23 July, 27 August**

For further info contact Steve Bosley on  
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